



## **EXAMPLE OF TEAM CAPTAIN EMAIL TO SET UP USERNAME AND PASSWORD**

Shape Up Montana Registration

Thank you for registering your team for Shape Up.

IMPORTANT! Please visit the following link to set up your Shape Up Username/Password to access information throughout the Program.

Including the Weekly Articles, Challenges, and Reporting Page.

<http://www.shapeupmontna.org/profile/setup.php?id=MTE=&T=4>

Team Name: BSSG Family

Division: Activity Family & Weight Loss

Company : BSSG

## **EXAMPLE OF TEAM MEMBER EMAIL TO SET UP USERNAME AND PASSWORD**

Welcome to Shape Up! Your Team Captain has registered your team - PLEASE follow these instructions.

Visit the following link below your name to set up your Shape Up Username/Password to access information throughout the Program.

Including the Weekly Articles, Challenges, and Reporting Page.

Team Name: BSSG Family

Division: Activity Family & Weight Loss

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Sally Test  
Belgrade, MT 59006  
sally@bigskygames.org  
Age:35  
Shirt: Medium  
Employer:

<http://www.shapeupmontna.org/profile/setup.php?id=MTM=&T=4>

### **IMPORTANT!**

**The profile link can ONLY be used by the person it is associated with. If you are sharing an email address then you need to share the U & P.**

**If you would like to add your own email address please email [sum@bigskygames.org](mailto:sum@bigskygames.org) . Please include your Name, Email Address and Team Name and we will email back a link for you set up our own U & P.**