



## HOW TO CHOOSE A TENNIS RACQUET

### Introduction

Picking a tennis racquet can make or break your game. If you are a beginner, the right racquet can have you enjoying the game faster than you expected. Racquets are chosen for a variety of reasons to accomplish different things for each level of player.

### Instructions

#### Step One

Determine your level. If you've never had a lesson or class, you are a beginner even if you've played quite a bit.

#### Step Two

Determine what you want the racquet to do. Improvement is for the beginner or hobby player. Tweener is a combination for certain levels of competition and player racquets are for the pro or semi-pro.

#### Step Three

Select a head size within your category. A larger head provides more power and a larger target surface.

#### Step Four

Choose a length. Longer racquets provide more power and a longer reach. They are also more lightweight.

#### Step Five

Pick weight and frame stiffness. Light racquets are more maneuverable and heavy racquets impart more power. Stiffer racquets also provide more power than flexible racquets.

#### Step Six

Consider grip size and comfort. The right grip gives more control and a good grip system will not affect the overall weight of the racquet.

### Tips & Warnings

- \* Work with the salesman at a sporting goods store to get your questions answered before purchasing any racquet.
- \* Picking the right racquet is the most important step for improving your tennis game. Don't just go for a good deal if you want to be a better player

